**Professional Disclosure Statement and Contract for the Supervisory Relationship**

**Supervisor’s Contact Information:**

Emily Belsito, MA, LPC, NCC

Professional Counselor

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412-212-7265

Favored Wellness Counseling and Consulting, LLC

1010 Brodhead Rd.

Coraopolis, PA 15108

**Professional Disclosure**

Currently, I am in the process of obtaining my PhD in Counseling Education and Supervision from Duquesne University, and plan to graduate August 2021. I received my Bachelor’s degree in Psychology from Seton Hill University in 2013. In 2016 I received my Master’s in Clinical and Mental Health Counseling from Geneva College. I am a Licensed Professional Counselor and a Nationally Certified Counselor.

My experiences as a practicing clinician include: working on an inpatient psychiatric unit at a local hospital, working at an outpatient private practice, working as a counselor in a community based program, working as a counselor in a partial hospitalization program, and working in a non-profit outpatient setting. I have worked in a variety of mental health areas such as addictions, acute psychiatric disorders, depression, anxiety, eating disorders, adjustment disorders, couples and marriage therapy, and maternal mental health.

My PhD program has provided me with formal clinical supervision training in theories and approaches to supervision. I have experience providing supervision to a wide variety of supervisees in many counseling fields, including, but not limited to: clinical mental health counseling, drug and alcohol counseling, marriage and family counseling, and school counseling.

My theoretical approach to supervision is a combination of a person-centered approach and a solution focused approach. Meaning that my role as a supervisor is to support, empower, and encourage you to discover your strengths and grow as a professional. My goals as a supervisor are to help you develop and grow in order to become more comfortable and confident in your abilities as a clinician. I hope to guide you on your journey by providing support and allowing you to explore your beliefs and values that will shape the way you practice.

**The Supervision Process**

The supervision process will encompass a few different aspects. We will be using case consultations during the supervision experience in order to reflect on your practice and grow from each case. Additionally, there may be occasions when we spend time learning about up and coming new approaches to therapy to ensure we are all growing and staying current with theoretical orientations and approaches to therapy. I will use a supportive and strengths based approach when giving feedback. I will provide you will a comfortable environment so that you feel safe to explore your progress, and discuss personal and client related concerns.

During our time together, I may take on three different roles. I may be a teacher, counselor, or consultant at any point during our meetings. The purpose of these different roles is so to ensure that I can help you to the best of my abilities depending on each situation. Some issues that you bring to supervision may require me to be more of a teacher. There may be times when your personal life is clouding your clinical skills, in which case I may take on a counselor role. Although it is important to note that I will not be your counselor. If it is established that you need more therapeutic help, I will refer you to an outside counselor. And last, I can take on the role of a consultant to work with you to solve problems and help you reach your own conclusions. Finally, it is important to note that this relationship is mutual. I will be guiding you and giving you feedback, however if you have any concerns about our relationship I hope that you can provide me with feedback as well.

I will work with you to develop individualized goals related to your role as a clinician. I work to understand your development and assess where you are in order to help you get the most out of your supervision experience. For example, if you are a beginning counselor, I may provide more direct feedback with higher structure, as compared to a counselor with many years in the field and taking a less structured approach and a more exploratory angle.

**Practical Issues**

In order to get the most out of this supervisory experience and work on your professional development, we will work on a regular basis (in person or telehealth). Individual supervision may be conducted in person or telehealth, depending on your individual needs and goals. Each individual session is 1 hour, and requires cancellation within 24 hours. Each individual supervision hour is billed at a rate of $65 per hour and is due at the time of appointment. Group supervision, for the time being, will be meeting via telehealth due to the current COVID pandemic. Group supervision will be held 1 hour per week at a rate of $40 per hour, due at the time of appointment.

Since I am not your on site supervisor, it is important to me that you can reach me when you need in the event that you have any concerns about a client you are seeing. If I do not answer when you call, I will call you back as soon as I am able to. You may reach me at 412-212-7265.

As part of our contract, you agree that I will not be held responsible for information withheld or misinformation received regarding specific clients. Further, I will not be held responsible for direct or indirect unwillingness to follow suggestions or directives regarding specific clients.

**Confidentiality Concerns**

The content of our supervisory relationship will remain confidential with some limitations to that confidentiality. First, if there is abuse to a client, to children, or to the elderly I will need to report this to the appropriate parities, including my supervisor. Also, if there are reports of suicidal or homicidal ideations that arise with you or a client then I will need to break confidentiality as well to ensure the safety of the clients. Last, during our relationship, it will be expected that we will be following the ACA Code of Ethics. The code of ethics is important because it provides both of us with guidelines for how we interact with each other and how you interact with your clients. If at any point any ethical issues arise, we will discuss them together and attempt to address them according to the ethical decision making model.

**Statement of Agreement**

Signature below reflects that both supervisor and supervisee have read and understand the information outlined in this consent form. If questions arise in the future, together we can update this document to best guide our work together.

Supervisor\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Supervisee\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Supervisee’s Employer\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Site Contact\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Supervisor Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Supervisee’s Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_